

BLOW THE WHISTLE ON CONCUSSIONS

A CONCUSSION PLAYBOOK

CONCUSSION, starring Will Smith, is based on the exciting true story of Dr. Bennet Omalu, who discovered a football-related brain disease and became a crusader for change in a dangerous confrontation that put his career at risk.

You can be a game-changer, too. Check out these high school sports scenarios. Talk with your teammates and coaches about what you would do in each situation. Work as a team to take concussions out of the game.

1. One of your teammates makes a spectacular diving play during practice, but she's slow to get up and get back in position. What would you do? Would you feel differently if it was during an important game?
2. You come out of a hard-hitting scramble in front of the net feeling dazed for just a second. What would you do?
3. You're playing for the championship and close to the end zone when one of your teammates says he's got to leave the game because he feels dizzy. Another teammate tells him to tough it out for just one more play so you can score. What would you do?
4. One of your teammates calls asking you to play one-on-one to help her stay sharp while she's recovering from a concussion. What would you do?



Ask your parents to download the CDC HEADS UP concussion safety app and other materials to learn the facts about concussions at cdc.gov/HEADSUP.

#ForThePlayers



Post a video of your touchdown dance.



Share on Instagram, Twitter, and Facebook. Use #ForThePlayers and @ConcussionMovie.



Challenge your friends to top your dance #ForThePlayers.

OR



Donate to MomsTEAM. MomsTeamInstitute.org

WITNESS THE POWER OF TRUTH

See **CONCUSSION** with Your Teammates
When it Opens in Theaters on December 25

concussion-movie.com

